

# Postdoctoral Fellows – Progression

## ADMISSION TO POSTDOCTORAL FELLOWS PROGRAMS

### 1 Online application

<https://admission.umontreal.ca>



### 2 Provide the required documents



### 3 Admission letter



### 4 Registration to the ESP



#### Deadlines

- Winter : March 15 (January 1<sup>st</sup> to April 30)
- Summer : July 15 (May 1<sup>st</sup> to August 31)
- Fall : Novembre 15 (September 1<sup>st</sup> to December 31)

All applications submitted beyond the dealines will be considered for the next term.

Fees : <https://admission.umontreal.ca/admission/cycles-superieurs/frais-dadmission/>

- Provide the Graduate and Postdoctoral Studies (ESP) with the original of the required documents

## IMPORTANT STAGES

### NEW POSTDOCTORAL FELLOWS

#### Eligibility

- Verify the eligibility conditions before submitting the application :
  - Hold a PhD degree within the past five years;
  - Be recommended by a UdeM research supervisor and the director of the academic unit (Faculty, School, Department, etc.);
  - Hold a scholarship or be paid by the supervisor or the academic unit.

#### Admission

- Complete the online admission application and choose the appropriate study program
- Provide the required documents :
  - Identity documents (certified copy or original)
  - Work Permit (for foreign fellows) ([www.cic.gc.ca](http://www.cic.gc.ca))
  - PhD diploma or achievement certificate (certified copy or original)
  - Curriculum Vitae
  - [The acceptance form signed by the supervisor and the chair of the unit](#)
  - [Supervisor's invitation letter](#)

#### Renewal

- Verify the eligibility conditions before submitting the application
- Renew your work permit (if applicable)
- Apply through your [student center](#): form "CHE\_Prolongation\_stage"

Guide for Postdoctoral Fellows : [https://esp.umontreal.ca/fileadmin/esp/documents/PDF/GuideStagiairePostdoctoral\\_Eng.pdf](https://esp.umontreal.ca/fileadmin/esp/documents/PDF/GuideStagiairePostdoctoral_Eng.pdf)

## FINANCIAL SUPPORT

Postdoctoral fellows may obtain financial support from :

- A granting agency
- The supervisor's research fund
- Any other scholarship program administered by a Faculty, an academic or research unit.

More information : [www.esp.umontreal.ca/english/postdoctoral-fellow/financial-support/](http://www.esp.umontreal.ca/english/postdoctoral-fellow/financial-support/)

## POLICIES AND REGULATION OF FESP AND UNIVERSITÉ DE MONTRÉAL

- The policy on the status of postdoctoral fellows :  
[www.esp.umontreal.ca/fileadmin/esp/documents/PDF/PolitiqueSPDmai2015.pdf](http://www.esp.umontreal.ca/fileadmin/esp/documents/PDF/PolitiqueSPDmai2015.pdf)
- Other policies and regulations :  
General Secretary Website: [www.secretariatgeneral.umontreal.ca/documents-officiels/](http://www.secretariatgeneral.umontreal.ca/documents-officiels/)

## SERVICES

As a postdoctoral fellow, you

- acquire the benefits granted to professors and graduate students of UdeM regarding library and IT services;
- receive a UdeM ID card;
- benefit from the professional integration support offered by the ESP :
  - Professional integration seminars
  - Doctoral and postdoctoral summer school  
[www.saisonsesp.umontreal.ca/accueil/](http://www.saisonsesp.umontreal.ca/accueil/)

## SPECIFICITY - FOREIGN POSTDOCTORAL FELLOWS

- **Provincial tax exemption** : International postdoctoral fellows may be eligible for provincial tax exemption. To verify your eligibility, please visit the Website of the Ministère de l'Éducation et Enseignement supérieur. (<http://www.education.gouv.qc.ca>)
- **Medical coverage** : Before obtaining the RAMQ card, we highly recommend you to subscribe to a health insurance for the first three months of your stay in Canada.  
Régie d'assurance maladie du Québec (RAMQ) : [www.ramq.gouv.qc.ca](http://www.ramq.gouv.qc.ca)

## Information

### Graduate and Postdoctoral Studies (ESP)

Website : [www.esp.umontreal.ca](http://www.esp.umontreal.ca)  
Address : 2910, Édouard-Montpetit Blvd, Montréal (QC) H3T 1J7  
E-mail : [stagiairespostdoc@umontreal.ca](mailto:stagiairespostdoc@umontreal.ca)  
Phone : 514 343-7125